

NEW MOON PRACTICUM: A Naturally Occurring Community Exercise in Sync with the 13 Lunar Cycles



This is the first exercise in our Practicum, and the new foundational practice for the Oracle School.

I love this exercise in so many ways, as it provides a RHYTHM for our work, and aligns us more and more with each other, and also with the lunar cycles. It is a meditation on the sacred numerology of the deck, with a deepening understanding of the 4-card spread.

13 times a year you have the opportunity to start a new Practicum Community Exercise! And there's no need for us to notify each other about dates, and so forth. The moon is our time keeper! So your first responsibility in order to participate, is to know when each NEW MOON is happening.* The moon will sync our group together, like a card reading tide!

This Exercise provides an acceleration in learning the 52 cards to those participating, as our combined focus and the energetic of the planetary cycle unite us in our efforts.

Group Practicum Suggestions:

- 1) So each in our own sacred space, AS CLOSE AS POSSIBLE TO ACTUAL MOMENT AND TIME OF EACH NEW MOON, sit with your 52 card deck.
- 2) Call upon the intelligence/s you are seeking guidance from (i.e., “my higher self,” “my ancestors,” “universal intelligence,” whatever you use in your own practice.)
- 3) State the question for this exercise: What do I need to know for the Lunar Month ahead?
- 4) Turn the top 4 cards off the top of the deck, as outlined in “The Present Spread,” pg. 115 of The Playing Card Oracles.
- 5) Journal your insights and interpretations.
- 6) Share notes, comments, questions, observations, cards drawn, etc... within the Oracle School [Facebook Page](#). And watch as the lunar month unfolds!

Important note: If you are not able to draw cards at actual time of New Moon, please do not read any comments for the current exercise until AFTER you have drawn your own cards and AFTER you have journaled your own interpretations.

BLESSINGS. And I hope to see you in the Oracle School Facebook Page.

A handwritten signature in cursive script, reading "Ana Carter". The signature is written in a dark purple or blue ink.

* If you need a good way to track lunar cycles, I personally recommend the iLuna app for the Practicum Exercise.